



LORRAINE DAVIS
Holistic Healthcare & Education Centre



INFANT MASSAGE INSTRUCTORS CERTIFICATE



Hello, and thank you for your interest in our courses!

Following completion of this course you will hold a fully accredited, insurable qualification in Infant Massage Instruction that will allow you to work confidently and competently with infants and their carers. The course is accredited with FHT [Federation of Holistic Therapists] for membership and insurance.

Why choose this course?

This is an excellent choice for massage therapists and health professionals wishing to extend their skills. It is mapped to the GCMT core curriculum for infant massage, which is considered the industry standard.

Your tutor is Lorraine Davis FFHT Hon Past President FHT who has been teaching infant massage for over 20 years and has extensive knowledge and experience

What is covered in the course?

This is an overview:

- Working with infants and children, parents and carers
- Legal and ethical issues
- Consent to treatment
- Health and safety
- Specific infant anatomy and physiology
- Communication and teaching techniques
- Running individual and group sessions
- Reviewing research into infant massage
- Indications for infant massage: specific conditions
- Contra- indications to treatment
- Profile of carrier oils suitable for use
- Treatment methodology: Methods of application; Treatment techniques
- Specific issues of consultation techniques
- Homecare advice & instruction on appropriate use of products

Why not give us a call or drop us an email if you would like more advice...

There is no obligation at all. We have 30 years of experience in supporting students at all stages and levels – so you are in safe hands!

Do I need any other qualifications before I can start?

You need to have studied Anatomy and Physiology and Body Massage before you can study infant massage with us.

If you don't have any qualifications, then you can still study with us . but you will need to study anatomy and massage as well.

You can do this with us if you like - either before you start or alongside your massage course. You can study online or in class - If you have started these somewhere else, then you can continue with that and still complete your massage course with us. We just need evidence of your qualification before we can award you your certificate.

How long is the course?

- Class contact hours: 16
- Hours may be reduced following discussion of any prior learning that can be taken into consideration eg: previous qualification in infant massage [certificates required]
- Scheduled groups . 2 days: 9.30 . 5.30 Day 1 is class input and day 2 is additional techniques input, tutorial and assessment [1 hr tutorial time is offered online or in person]
- On to one - Individual learning plans: times may be tailored to suit learners
- Additional hours may be purchased if needed at 35.00 per hour

What is the format for study?

Practical and theoretical skills are taught in class, 3 months is given between teaching dates for completion of course work and case studies. [The training period is 3 months as prescribed in the GCMT core curriculum]

How is the course assessed?

The course is assessed both theoretically and practically.

- You will be assessed informally throughout the course and your final assessment includes a practical skills assessment on day 2
- Coursework [as prescribed by the GCMT core curriculum] includes a minimum of 3 case studies [2 individual sessions and 1 group session] with at least 3 sessions per study; therefore at least 9 sessions of instruction.

How much does the course cost?

Fees cover all scheduled class input, study packages and handouts, tutor support, assessment, marking and certification.

- Standard scheduled groups : **£250.00**
- One to one tuition - **£450.00**. *

[You can start this whenever you are ready and work at your own pace]

Costs can be reduced if you have others who would like to study with you as a small group. This can be a good way of reducing fees. The cost would then be £250.00* per person.

5%Discounts available

Full payment [full payment on booking]

or

Early bird discount

[bookings made at least 2 months in advance - please ask for deadline dates]

Only 1 discount may be claimed per booking



*Additional cost of travel at 45 p per mile + accommodation expenses should be added to this when delivered at your own venue.

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Facebook: <https://www.facebook.com/LorraineDavisTraining>

Terms:

- Deposit: 100.00 on booking.
- Balance to be paid either by full payment or by 3 instalments as discussed with principal.

All fees are due at least 2 weeks before course commences. Certification cannot be given until fee payment is completed.

Is there anything else I need to know?

- Personal presentation: Please dress professionally for hands on therapy work. -salon wear or white T shirt and dark trousers are required together with low heeled fully enclosed footwear. We do not advise wearing a skirt as you will be working on the floor with the parents and babies/dolls. We advise that you bring suitable footwear and change in class. **Please do not wear jeans or outdoor trainers.** Please ensure long hair is tied back. Nails should be reasonable length for massage. **Please do not wear nail polish.**
- Requisites for training: we provide everything you will need for your training including oils and other media. **[dolls are not provided – please see below]** Suitable oils will be available for purchase for use with your case studies, if you wish to do so.
- You will need a doll to work with in class and in case studies. These are available online . if you have any problems please contact us. **You will not be able to complete your training in class or case studies without a doll**
- We provide refreshments, but you will need to bring a light lunch with you.
- If you have any health conditions, are taking medications or are pregnant whilst training, please tell your tutor. It will most probably not affect your studies, but it is important that we are aware.

How do I book?

Please contact us in the first instance, so that we can confirm there is a place available. Then we can send a booking form, or you can download one from the website. Send the form with your deposit by email, post or facebook message and we will send you a booking confirmation. You can pay by cheque or BACS . details on the booking form.

What if I need some more info?

Feel free to contact us for advice - email, website, phone or facebook - we are happy to help!