



LORRAINE DAVIS
Holistic Healthcare & Education Centre



CERTIFICATE IN CRYSTAL FACIAL TREATMENTS



Hello . and thank you for your interest in our courses!

Following completion of this course you will hold a fully accredited, insurable qualification in crystal facial treatments that will allow you to work confidently and competently with a range of clients. The course is accredited with IPHM [International Practitioners of Holistic Medicine] for membership and insurance.

Why choose this course?

This is an excellent choice for those who wish to be able to offer a beautiful, safe and effective facial treatment using crystals and aromatic oils as a stand- alone treatment, or as an add on to existing skills. Its holistic profile fits perfectly with reflexology, aromatherapy, Swedish body massage, Indian head massage, hot stone therapy, crystal therapy etc. If you are a beauty therapist, then this will offer you an additional fabulous ritual facial to add to your treatment menu! It is also suitable as an interesting CPD activity, or for those wishing to use facial care with family and friends.

This course takes the holistic facial treatment to a whole new level with the addition of the specialised treatments of warm oil massage using a range of more unusual oils, crystal massage, energy balancing, exfoliation using natural materials and natural facial masks. This coupled with the understanding of holistic client care and subtle energy and its flow makes this a special course indeed.

Why not give us a call or drop us an email if you would like more advice...

There is no obligation at all. We have 30 years of experience in supporting students at all stages and levels – so you are in safe hands !

Do I need any other qualifications before I can start?

This is a post-graduate course suitable for existing facial therapists. You need have studied basic facial therapy [level 2 or similar] before you are able to qualify in crystal facial treatments with us.

If you don't have any qualifications, then you can still study with us, but the best course choice would be our 1 day basic holistic facial course. You would then be well prepared to attend the crystal facial course later. You would need to study anatomy and health and safety as well. You can do this with us if you like, in person or online, either before you start your facial course or alongside it. If you have started your anatomy and health and safety courses somewhere else - then you can continue with that and still complete your facial course with us. We just need evidence of your qualification before we can award you your certificate.

How long is the course?

- Class contact hours: 7
- Scheduled groups . 1 day: 9.30-5.30
- On to one - Individual learning plans: times may be tailored to suit learners
- Additional hours may be purchased if needed at 30.00 per hour

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What is covered in the course?

- Benefits and effects of holistic facial treatment
- Indications and contra-indications
- Specific conditions for treatment
- Consultation and homecare
- Crystal facial treatment practical routine
- Massage media and specific oils
- Crystal wands, rollers etc.
- Properties of a variety of crystals suitable for facial work
- Gem waters
- Overview of energy systems and energy flow
- Specialised treatments: Warm oil massage, acupuncture, energy balancing, exfoliation, natural masks
- Ethical and legal issues
- Health and safety

How is the course assessed?

Theoretical and practical assessment is integrated into the natural learning process. There are no case studies with this course.

How much does the course cost?

- Fees cover all scheduled class input, study packages and handouts, tutor support, assessment, marking and certification.
- Standard scheduled groups : **£120.00**
- One to one tuition - based on 12 hours **£250.00** *
[You can start this whenever you are ready and work at your own pace]

Costs can be reduced if you have others who would like to study with you as a small group. This can be a good way of reducing fees. The cost would then be £120.00* per person.

*Additional cost of travel at 45 p per mile + accommodation expenses should be added to this when delivered at your own venue.

Terms: Deposit: 50.00 on booking. Fees are due 2 weeks before course commences

Is there anything else I need to know?

- Personal presentation . Please dress professionally for hands on therapy work. - salon wear or white T shirt and dark trousers are required together with low heeled fully enclosed footwear. [We suggest that you bring suitable footwear and change in class]. **Please do not wear jeans or outside trainers.** Long hair should be tied back. Nails should be reasonable length for massage. Please do not wear nail polish
- All requisites are provided for training, crystals, oils, towels etc. However, suitable crystals, rollers, wands oils and requisites are available for purchase should you so wish
- A resource pack is provided . you may like to bring a notebook or pen
- Refreshments are provided, but please bring a light lunch with you

How do I book?

- Please contact us in the first instance to be sure there is a place available. Then we can send you a booking form or you can download one from the website at www.lorrainedavistraining.com. Send the form with your deposit by email, post or facebook message and we will send you a booking confirmation, maps, etc. You can pay by BACS [details on the booking form] or cheque [payable to L. Davis], or book online [see website address above].

What if I need some more info? Feel free to contact us for advice - we are happy to help !

Discounts available 5%

Full payment discount : For full payment on booking

or

Earlybird discount: For bookings made at least 2 months in advance: [please ask for deadline]

Only 1 discount may be claimed per booking

